



# 101 Things You Can Do

By Idaho State Representative  
Heather Scott

[www.RepHeatherScott.com](http://www.RepHeatherScott.com)

At a time when our country and state are in crisis mode, I am reassessing how I will spend my time and energy to improve government and keep our great Republic intact. I still believe all governing power is in the people and when exercised in positive and purposeful ways, it is still the most powerful tool to overcome any societal issue. We should never be waiting for a government fix because it is always more expensive, incredibly time consuming, and it discourages interpersonal dialogue. We need to look no further than this “pandemic” to see how ineffective government can be with its “one size fits all” solutions loaded with hidden agendas and consequences. I encourage you to do something to help keep what is left of our Republic. Ultimately, we are the government, and we will get the government and society we allow. We owe it to our founding fathers, our veterans, and our families to do everything in our power to avoid violence or a civil war. What will we give to the next generation?

## Here are 101 Ways YOU Can Help Preserve Our Rights and Freedoms in our State and Country!

- Understand your rights, where they come from, and what “unalienable” means. Be able to explain this to another person.
- Stop supporting ALL biased media or social networks that distort the truth, censor facts, and stifle free speech.
- Support local businesses who provide local jobs, help local communities, and respect your rights.
- Work to change campaign finance laws by pressuring your legislators and exposing special interest groups and lobbyists.
- Understand and believe that our Constitution works because all power is in the people, not government.
- Remind your elected officials regularly that they are there to serve you, the people. You are their boss.
- Stop worrying about what others are not doing, or what you think they should do, and take action and responsibility for yourself.
- Host or be a catalyst for regular gatherings to discuss current issues and solutions with friends and neighbors and develop a plan of action for uncertain times.
- Understand the jurisdictional boundary of every government entity that collects tax or fee money from you to run government programs. Start by looking at your property tax statement.
- Be educated about your local politics because local issues impact your life much more than national issues.
- Respect, and demand respect from your elected officials and unelected bureaucrats, even if they don't agree with you.

- Take a civics class.
- Attend a town hall meeting.
- Organize an event to educate.
- Read your state constitution.
- Register to vote. Vote.
- Speak the truth.
- Sign wave for a candidate.
- Home school your children.
- Put a political sign in your yard.
- Remain vigilant.
- Defend our country.
- Help register a new voter.
- Do not submit to tyranny.

- Know where your “line in the sand” is when it comes to defending your rights.
- Meet your sheriff, understand his authority, and make sure he understands it.
- Help a homeschool family with knowledge or a skill you have.
- Attend your county commissioners' regular budget hearings.
- Get out of debt and stay out of debt. Live within your means.
- Stop complaining about politicians that are outside of your jurisdiction.
- Don't complain about things you are not willing to work hard to change.
- Attend a rally, protest, or event to fight for a cause you believe in.
- Look at the state executive budgets and provide input on spending.
- Meet an elected official for coffee and begin developing a relationship.
- Treat everyone as an individual, don't stereotype or group people.
- Volunteer at a local charity and meet new people.
- Work on talking about politics or religion in a respectful way.

- Learn what Federal and State legislative district you live in, who makes the decisions on your behalf in those jurisdictions, and study their voting records.
- Attend a school board meeting, observe if and how they respond to public input, and check out their school policies.
- Understand regional government and be able to identify regional governing bodies that are making decisions for you.
- Build a network of like-minded neighbors and friends so there is strength in numbers when issues arise.
- Understand state sovereignty and why it is critical to the future of our Republic.
- Understand the role of your county prosecuting attorney and how they prosecute or defend the current laws.



- Know what precinct you are in, who your political party committeeman is, and where you vote.
- Let government officials and bureaucrats know when they are doing a good job.
- Educate your elected officials on your concerns through the sharing of concise facts and real experiences.
- Support good elected officials who share your values with your time and resources.
- Recruit people you trust to represent you at all levels of government.
- Look at your county, city, school, and state budgets and provide regular input.
- Spend a few hours a week with someone under the age of 25 and mentor them.
- Research your current local elected officials and understand their voting record on all issues.
- Do a records request to get information on government actions, government contracts, or memorandums of understanding for regional agreements.
- Understand the importance and purpose of primary and general elections and share that information.
- Understand how long the terms of office of the elected officials in your area are.
- Join a special interest group or political party that promotes a policy or cause you care about.
- Attend local meetings: city council, county commissioners, library taxing districts, etc.
- Read a book on history or civics. History will repeat itself so know and understand it.
- Respect others' thoughts and decisions, even if you do not agree.
- Write a letter to the editor about an issue that concerns you or a candidate you support.

- Trade, barter, or share your skills and knowledge with others.
- Understand how best to influence your elected official.
- Learn to be self-sufficient and provide for others.
- Take the lead on an issue that needs to be fixed.
- Help an elderly or handicapped person get to the polls.
- Don't ignore the little battles, stand up for what is right.
- Run for an elected office or serve on a committee.
- Turn off your TV and consider opening your Bible.
- Establish your credibility by offering good, truthful information.
- Don't be bullied by a bureaucrat. Stand up to bureaucratic bullying.
- End your support for businesses that don't share American values.

- Promote healthy conversations and debate.
- Simplify your message to bullet points.
- Write a bill to change or eliminate a law.
- Start being the leader you have waited for.
- Know what the law says and where to find it.
- Offer solutions, not problems.
- Learn the state process of making law.
- Read the Declaration of Independence.
- Push back on government overreach.
- Apply to be a poll watcher or poll worker.

- Learn the structure and role of a state agency. There are plenty to pick from in Idaho!
- Try to help yourself with an issue before running to an elected official (government) to fix your problem.
- Attend a planning and zoning meeting and look at your county zoning maps.
- Compare an elected official's or bureaucrat's words to their actions and demand an explanation if they conflict.
- Encourage your church leaders to teach the whole Bible and address civic, cultural, and political issues.
- Don't be afraid to question comments, actions, or policies from elected officials or bureaucrats.
- Understand "Critical Race Theory," how it is destroying our country's foundation, and why it is being taught in most of our government run schools and colleges.
- Educate yourself on who is influencing a candidate's platform or voting record by looking at their campaign finance reports at the Secretary of State's website.
- Strengthen your local neighborhood by focusing on issues you agree on, not disagree.
- Don't be discouraged when you realize how upside-down government is. Be patient and learn the process.
- Try to focus on the system of government as much as you focus on the issues in government. The system needs maintenance!
- Build a relationship with a veteran and share their stories with others.
- Learn to navigate the legislative website to email or call your legislators to let them know how you want them to vote.
- Help organize a homeschool co-op or alternative leaning center or donate your location for use.
- Understand what administrative rules are and how you can change them.
- Understand the limitations and the authority of the elected official you are asking help from.
- Visit your courthouse and sit in on a few trials to better understand the judicial system.
- Report disrespectful treatment by government workers to their supervisors.
- Stop waiting for someone else to tell you what you should be doing, take initiative, and lead.
- Publicly expose corruption and crony capitalism any time you encounter it.

Pray for our country and state and our elected leaders daily.



RepHeatherScott@gmail.com  
 P.O. Box 134, Blanchard, ID 83804  
Paid Heather Scott - Andrew Scott, treasurer